



Welcome

Welcome back to Sorrento Preschool for term 2! The children have settled back into the kinder routine after their well-earned Easter break and we have loved seeing their enthusiasm to play and learn!

Important Dates

- **Friday 18th May** - Picture Plates due
- **Saturday 19th May** - Sorrento Preschool Coastal Walk Fundraiser
- **Friday 18th May** - Raffle Tickets deadline
- **Wednesday 13th June** - 'Creating Resilient Families' seminar
- **Ready Set Read (library visit)** - Monday 7 May (Green)
- Tuesday 15 May (Red & Blue)
- **Thursday 24 May** - Dental Clinic Visit
- **Date TBC** - Parent Teacher Interviews
- **Preschool Photos** - Monday 18 June (Yellow)
- Thursday 21 June (Red, Blue & Green)
- Friday 22 June (Purple)



Let's prevent the spread of colds & flu...

- 1) Cover your nose and mouth with a tissue when you cough or sneeze.
- 2) Wash your hands often with soap and water.
- 3) Take time to get a flu vaccine.
- 4) Get enough sleep.
- 5) Drink water and eat plenty of fruit & vegetables!

Donations

Please!

Donations are being collected for an orphanage in Bali. Please donate school or kinder backpacks and school shoes. Drop off at Happy Days in Sorrento (157 Ocean Beach Rd)

Thank you!



3yo Update

We continue to support our developing three year old groups in their ability to separate from their parents and increase their confidence in the kinder environment. This term we are focusing on the children getting to know their peers and to learn their names. Our intentional teaching for the term is for the children to begin to develop their name recognition. We will also be learning about shapes and introducing and developing cutting skills.

Last term the children showed an interest in dinosaurs so we are incorporating imaginative dinosaur floor play and explorative dinosaur ice eggs in the sensory trays.

The children are very settled and we have extended their focus at mat time by introducing the game 'doggie doggie'.

- Suzie, Rachael and Emilie

Sorrento Preschool Coastal Walk Fundraiser

Saturday 19th May

**14.2 km bush walk from
Rye to Sorrento.**

Cost - \$15 per entry

Start - 8am

meet at Rye Back beach
car park for an 8:30am
start.

Finish: approx. 12:30pm
at Morgan's Beach Shack
(Sorrento back beach).

Entries close:
Friday 11th May

For more info contact:
Assunta Galbraith
T: 0421 387 480

Emma Ring
T: 0450 429 605

From the
**Raising
Children
Network**

Did You Know...

- Daily movement helps your child build muscles and practise physical skills. Her confidence will grow as she climbs higher, runs faster and jumps further.
- Reading aloud and sharing stories with your child is one of the most important and enjoyable things you can do together.
- Children aged 3-5 years need around 11-13 hours of sleep a night. Some might also have a day nap of about an hour.
- Children need a wide variety of healthy foods from each of the five food groups.

More info at:
www.raisingchildren.net.au

4yo Update

The children have returned to preschool this term settled and ready to go!

Our natural world plays an important part in the childrens' learning and inspires curiosity, exploration and joy. Our yard provides both native and deciduous trees. As a result we can experience the wonder of change as leaves fall, flowers bloom and fruit grows. The changes Autumn brings are a large part of the programmes at the moment. We are celebrating Nature Week with a particular focus on natural materials – the children are manipulating clay, collecting materials from outside for their crafts and play, and will be walking to Sorrento Park during the term.

Mums - *how wonderful and special they are and how much we love them* were a focus in the lead up to Mothers Day. The groups each held a pampering session for their Mums (or somebody else special) last week.

The Green group children are working on a "Feelings" book and discussing what makes them happy, sad, angry, silly and expressing this with drawing and stories.

Red group are interested in colours, dances, feathers, birds and flight.

The Blue group children are interested in dinosaurs and making elaborate robot box constructions. With lots of babies on the way they are also learning about mothers and babies and lullabies.

- Nicki & Alison, Cath & Nat, Shaney, Rachael & Sam

Your child's safety around roads



Supervise your children on or near roads

It will take many years for young children to develop the skills and knowledge they need to be on their own in the traffic environment and to keep themselves safe. Parents and carers can help children by providing plenty of practical supervised experience in using the road safely, as a part of the journeys taken every day. Research shows that children under age 12 do not have the skills and experience to be safe in traffic. Teach them safe traffic behaviour and set a good example. Children up to about 10 years of age are at particular risk of pedestrian injury. This is because they are small in size, and are still learning to detect the presence of traffic and to judge the speed and distance of traffic. So make sure that young children are closely supervised by an adult when in the road environment.

Walk with your children

Children, assisted by adults, need regular practice in the real road environment. Walking with children to and from school, around the block or to the local shops can help develop children's skills in the road environment. As you walk together, ask children simple questions that encourage thinking and reflection, for example:

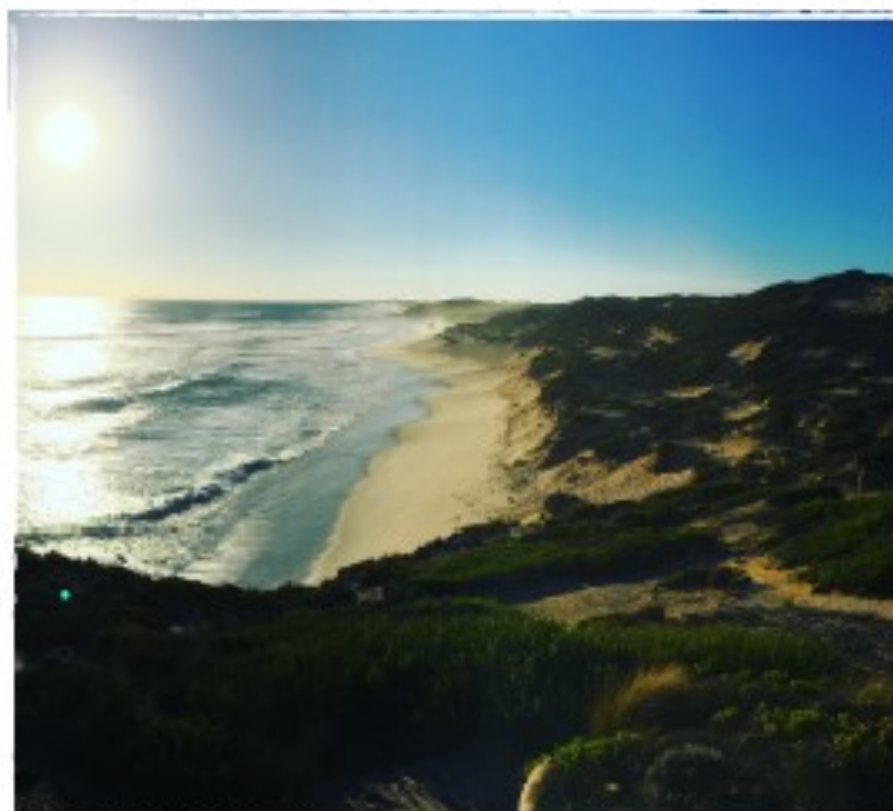
- * Where is the safest place to cross this road?
- * What do we need to do before we cross the road together?
- * Why do we hold hands to cross the road together?
- * When is it safe to cross the road?
- * What do we look for when crossing the road?
- * What sounds are we listening for when crossing the road?

Driveway safety

When you are walking with children it is important to demonstrate that children should approach driveways with caution. Engage children in conversations to help improve their safety when walking near driveways. For example, ask: how they can tell if a vehicle is coming out of the driveway? (e.g. listen for sounds, look for clues such as exhaust emissions, reversing lights or beeps from trucks). Help your child get in and out of the vehicle safely. Make it a habit of getting your children in and out of the car from the passenger side (kerbside).

SORRENTO PRESCHOOL COASTAL WALK FUNDRAISER

SATURDAY
19TH
MAY



Are you a
Mum? Dad?
Friend?
Grandparent?

This Coastal
Walk
Fundraiser is
for you!

Raffle to be
drawn at the
at the finish
of the walk at
the Sorrento
Brewhouse

14.2 km bush walk from Rye Back beach to Sorrento Brewhouse

When - **Saturday 19th May**

Start - **8am** at Rye Back beach car park for an 8:30am start

Finish - 12:30pm at Sorrento Brewhouse, 154 Ocean Beach Rd. Invite your family & friends to meet us at the finish for lunch and a beverage!

Wear/bring - comfortable runners & clothing, 1L water, rain jacket, warm jumper, snacks, cash (for a coffee @ Number 16's General Store). Please be prepared for all types of weather, this event will only be cancelled due to extreme weather.

Cost - **\$15per entry**

Complete the attached entry form and return with money in an envelope marked 'Coastal walk' to the fundraising box in the foyer by **Friday 11th May**

Any further questions contact Assunta Galbraith 0421 387 480

or Emma Ring 0450 429 605

Sorrento Preschool Raffle

We are running an exciting raffle in conjunction with the Coastal Walk. We will draw the winners at the Sorrento back beach after we finish the walk.

1st Prize - \$1000

2nd Prize - \$200 Sorrento travel & cruise voucher

3rd Prize – All smiles restaurant voucher & wine/or beer from Sorrento Brewhouse

4th Prize – Sorrento Cinema family movie voucher

Tickets are \$20 each (only 150 will be sold) and you can allocate what number ticket you would like on the big green poster in the kinder foyer. Please place your money in a named envelope in the fundraising box.

Anyone can enter, and you can buy as many tickets you would like to increase your chances of winning!! First in best dressed! Goodluck!



Creating Resilient Families

CREATING HAPPY, CONFIDENT AND EMPOWERED YOUNG PEOPLE!

**Wednesday
13th June 2018
7.00pm - 8.30pm**

**Rosebud Secondary
College Theatre**
Rosebud Secondary College
245 Eastbourne Rd, Rosebud

Early Bird \$23 each
BEFORE 13TH MAY 2018

OR

Full Fee \$25 each

Available online at
www.trybooking.com/VHHN

Presented by Andrew Fuller

Andrew Fuller is a Clinical Psychologist who has developed the resilience of over 193,000 young people in over 600 communities nationally.

He is the co-author of a series of programs for the promotion of resilience and emotional intelligence used in over 3500 schools in Australia and Britain called The Heart Masters.

He is an accomplished author of a number of books, including Unlocking Your Child's Genius, Tricky Teens, From Surviving to Thriving, and Beating Bullies.



Resilience and emotional intelligence are essential life skills. Developing resilience is the most powerful way to protect kids from drugs, violence, peer pressure and other challenges they may face. Andrew will discuss:

- * The active ingredients of resilience and how parents and grandparents can develop it in young people
- * Friendship skills
- * Parenting tricky kids
- * Creating happy, confident and empowered young people
- * Building self-esteem and dealing with set backs
- * The essential conversations to have with your boy or girl
- * B.A.S.E (Be. Active. Sleep. Eat)
- * And more...

Books will
be available
for sale on
the night.

CASH ONLY

For further
information, please
contact Meaghan at
asard.sg@gmail.com

PROUDLY SUPPORTED BY:



Picture Plates

Turn pictures, paintings, digital art or photos into plates that will be cherished for a life time!

The only limit to the possibilities is your imagination.

If you need extra templates, they are located in the foyer. Once plates are completed by your children, please place template in the green bag in the foyer. Order forms and money can be put in a named envelope in the fundraising box.



Contact Us

If you require any information regarding Sorrento Preschool or would like to provide us with feedback please contact us anytime:

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